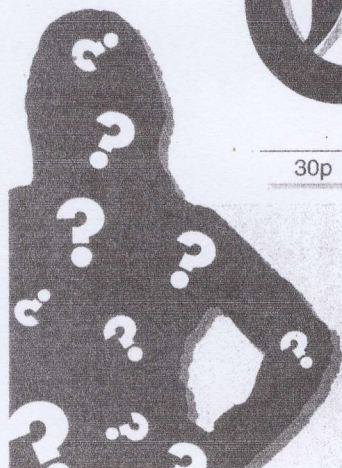




30p

Champion of the community

Saturday, October 11, 2003

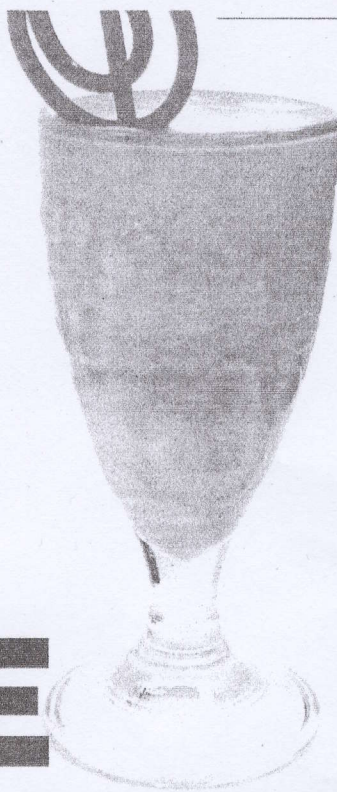


WHO IS QUIZ QUEEN?

see page 3

New drink helps to transform family's life

TWINS MAGIC AFTER MIRACLE MILK SHAKE



HAPPY FAMILY: Twins Sam and Harrison Cook with mum Gail.

THIS is not a normal milk shake.

This is the 'magic milk shake' that has begun transforming family life in Britain.

Households troubled and tormented by hyperactive and uncontrollable children are reporting astounding turnarounds in behaviour.

The latest testament comes from a Scunthorpe mother with young twins.

Full story ► page 4

One was enchanting, the other exasperating.

Sleepless nights and shredded nerves turned happiness to snapiness, until super shakes tamed the unruly tot. Now he is captivating too.

Mum Gail Cook said the new 'magic shake' had transformed their lives.

She said her son was now a changed character.

Crimebuster is launched

THOUSANDS of balloons were today due to be released from Glanford Park to mark the start of a new crime busting campaign.

Supported by the Scunthorpe Telegraph, the Crimebuster campaign will see Crimestoppers and the Community Safety Panel calling on the people of North Lincs to 'shop' a criminal.

Today, the Telegraph launches a week-long look at how Crimebuster will work to make North Lincolnshire a better and safer place to live and work.



► page 7

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Mum 'amazed' by dietary drink's affect on son's attention disorder

Mother's praise for 'magic milk shake'

WHEN the 'little red monkey' made his entrance, nights became one long nightmare for Scunthorpe mum Gail Cook.

He wouldn't sleep. She couldn't sleep. His disruptive influence even had hospital nurses admitting defeat.

One of Gail's newborn twins, Harrison, was a right handful. His contented brother Sam, on the other hand, seemed practically perfect.

Three years on, Gail recalls how her hyperactive, demanding, screaming new son was a sore trial for everybody - until dietary wizards waved their wand.

Now Harrison is a changed character, a 'lovely lad' and textbook twin - thanks to the 'magic milk shake' treatment.

Within a few weeks of taking the special nutritional supplement, he has settled down to normal childhood - mostly happy times, punctuated by the odd scrap with his brother.

"He is not perfect, he is just a normal child now," Gail emphasised.

"They can both be naughty, throwing their toys about and having tantrums. Being twins, they wind each other up."

"They are little monkeys, but we love them."

Gail (32) works as head receptionist at Nisa and husband Graham (34) is a carpet fitter. The family lives in Glanville Road.

Gail said the atmosphere today bears no resemblance to the nightmare of those exhausting early months, when she never slept more than two hours.

"Our nerves were shot. Graham was depressed. I was depressed. I wondered if there was ever going to be an end to this."

She recalled: "The twins were born a month early and Harrison made his presence felt even in the maternity ward."

"He was a tiny scrap of nothing, yet he was so determined."

"I remember one night the nurses took the boys from me and said they would look after them at the desk, to enable me to get some sleep."

"Within half an hour they brought him back. He was screaming his little lungs out and looked like a little red monkey."

Months of sleepless nights - and days - passed and Gail looked at friends' babies and wondered why they were so quiet and content.

Harrison became more determined. If he wanted something he

By Paul Bloomer

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"He is not perfect, he is just a normal child now"

Gail Cook

would not give in - "As if once he entered that zone there was no reasoning with him."

Noticing disapproving looks when Harrison had tantrums in public, Gail worried people thought her a bad parent. They took him to the doctor's and were referred to a paediatrician, but have heard nothing to date.

They stopped going anywhere because it was too much like hard work. With frayed nerves, Gail and Graham found themselves arguing. Then Gail began to notice a pattern and became convinced things Harrison ate - "anything with colourings in" - were affecting him.

The crunch came on a family holiday with Gail's parents, staying in bed and breakfast accommodation and 'living on chocolate breakfast cereals.'

Gail sighed: "That holiday was horrendous and we were all incredibly stressed when we came home."

Her mother, Diana Huish, showed her the Telegraph's report on Barton mother Ella Howell, whose four-year-old son Ben, diagnosed with suspected Attention Deficiency and Hyperactivity Disorder (ADHD), made a dramatic improvement after starting a course of 'magic milk shakes.'

A powder containing nutrient supplement, 'reliv now for kids' is the product of an American food science company.

Gail was sceptical but, with her mother agreeing to foot half the bill, she decided to give it a try with Harrison. She did not tell his father.

One week after Harrison began taking the milk shakes twice a day, she was astounded.

"He was lovely," said Gail. "I asked Graham if he had noticed the difference and he said he had. That was when I told him and he was amazed. We agreed Harrison should stay on the milkshakes."

■ Advisors and distributors of the product, Brian and Lesley Probart (01944 758489) say they are willing to address local support groups.



HAPPY FAMILY: Twins Sam Cook and Harrison Cook with mum Gail at their home on Scunthorpe's Glanville Avenue.

FACTFILE

The message according to 'reliv now for kids' is:

- Children have special nutritional needs
- The product gives a powerful weapon for combating the ravages of a fast food diet
- Contains an array of advanced nutrients which research shows help boost energy and mental performance
- Growing bodies and developing minds need a full array of vitamins, minerals, protein and micronutrients in order to reach their full potential
- Yet the moment children are weaned, their nutritional intake steadily declines
- A recent USDA survey showed by the early teens, children consume less than 50 per cent of the Recommended Daily Intake (RDI) of key nutrients
- The delicious milkshake

provides much more than a vitamin pill, delivering a broad base of basic nutrients plus an array of advanced nutrients that include:

DHA, a long-chain fatty acid critical to brain function

PS and PC, which support cellular development

Potent anti-oxidants to protect against cell destroying free radicals

Soya protein which builds muscle, provides sustained energy and protects against health problems

■ Available in two flavours, creamy vanilla or rich chocolate, one scoop provides a full day's intake of the nutrients lacking in most Western diets