

FAMILY AMAZED AT TRANSFORMATION THAT CHANGED THEIR LIVES



WHAT A TONIC: Ella with Ben who has improved considerably. Ella said she was amazed by the changes in her son's condition.

Milkshake calms down a tormented youngster

BEN'S illness left his family in turmoil.

He was diagnosed with suspected Attention Deficiency and Hyperactivity Disorder (ADHD) for which there is no known cause.

His mum Ella (29) recalled that, although it was not Ben's fault, she was in despair.

She said she had to padlock every door in the house to stop him wreaking havoc and putting himself at risk, and even at night there was no relief.

But that is now a thing of the past, Ben's happy mother has told the Telegraph.

She said since he had started taking a nutritional supplement – a special vanilla milkshake – four weeks ago, he had become a changed person.

"I am amazed. I was just dumb-founded," said Ella, of Barton.

"We don't get all that now. We just get a standard four-year-old's behaviour. It is lovely.

"If somebody had said to me a couple of months ago 'Try this milkshake, I would not have believed them. But now I have tried it and I know what it does.

"He calls it his magic moo-shake. "Now we can sit down and play. He is completely different.

"We sit and watch children's television programmes and I am helping Ben develop his sense of humour.

"We end up laughing our heads off, and we could not do that before."

THE Howell family's once-troubled home life has been transformed from tormented to contented – thanks to a milkshake! Four-year-old Ben Howell used to run amok, smashing things up, lashing out at people, and life was unbearable, according to his mother Ella. She said he would not sleep, would not eat, was loud, unruly, aggressive and violent. The Grimsby Telegraph reports.

Ben is taking a twice-daily supplement of nutrients, a product of an American food science company, called 'reliv now for kids'.

It comes as a powder, turned into a milkshake with the addition of liquid, and was made available by North Yorkshire couple Brian and Lesley Probart, distributors in the UK, who got in touch with Ella after learning of her

problems when they were highlighted by the Telegraph.

Ben's transformation has amazed the whole family – Ella, husband Gordon and their elder son, six-year-old John Luke, too.

"We are together as a family for the first time," said Ella.

"I don't have to spend all my time

concentrating on Ben, we can just be a normal family.

"We have never been able to have a family holiday together, but we are now planning days out as a family."

Brian and Lesley Probart explained the product was based on soya, which is free of genetically-modified organisms (GMO-free), and contained the essential nutrients needed by children aged from three to teens.

Brian said: "We have helped other people, but Benjamin is our first case of ADHD. We are very excited about it."

Lesley explained: "This is food which is put into the right balance.

"We are not saying all children with ADHD have a nutritional imbalance, but it has worked in Ben's case."

Ella said Ben had been getting worse: "He was getting more violent.

"He was becoming a frightening child to be around.

"Now it has eased off a great deal. People who are around me who know Ben have seen a great difference in him."

Ella said Ben was to see an educational psychologist who would make the final diagnosis.

The Probart welcome calls from parents with similar problems and are happy to visit them. They can be contacted on (01944) 758489.

newsdesk@grimsbytelegraph.co.uk

RELIV NOW: FULL OF NUTRIENTS

■ Reliv Now for kids does not contain any drugs.

■ The substance is food, with a GMO-free soya base.

■ The remainder of the powder is made up of a special balance of all the nutrients a growing child needs.

■ There are also three fairly newly-discovered brain nutrients in it.

■ The milkshakes work because the nutrient balance, which is just right for children, helps out with brain function, meaning a longer attention span and better co-ordination.

■ Reliv Now for kids was not originally designed for children with

ADHD and related conditions, such as dyspraxia and dyslexia, it was designed as a dietary supplement for children in America who were undernourished.

■ It is usually taken once a day, although this varies according to a child's needs.

■ It does not counter-act medication being taken.

■ The substance is mixed with water to make the drink.

■ It has been available in the UK for around two years.

■ Facts provided by Brian and Lesley Probart.